

# Energise Your Team

*With Solution Focus and the  
Team Impetus Model*

## 2 Day Open Workshop



### Impetus:

*“A force that moves  
something (a team).”  
along.”*

20 - 21 June 2018  
Leuven, Belgium

English Language

Ilfaro Training Centre,  
Prosperdreef 1,  
3001 Leuven, Belgium



This workshop inspires you to create a more energised team. It provides a model and tools to help any team collaborate and perform more effectively.

This course is for leaders who want to create an energised team, whether it is a single team or a larger organisation. An energised team has employees who are, among other things, engaged in a balanced way, resilient, happy, creative and productive.

With other leaders, you co-create a vision and decide what you must focus your attention on to build an energised team, using our Team Impetus Model and tools.

This collaboration provides you with a rich source of ideas, different perspectives and challenges to your own thinking. Periods of reflection time enable you to develop a strategy for your team, recorded in a “Progress Canvas”. This describes the future, captures areas to focus your attention on and helps you measure progress.

Stimulating, participative and enjoyable, in this workshop you experience how it feels to work in an energised team and find the inspiration you need to begin to create one.

## What is an Energised Team?

An energised team has people who:

- Engage with the organisation and its leadership
- Share the future direction of the team
- Know what must be done to achieve the future
- Create and implement new ideas
- Collaborate internally and externally
- Enjoy themselves
- Trust and are open with each other
- Make things happen
- Have constructive debates
- Work in harmony with each other
- Take appropriate risk
- Are in “flow” – their job challenge matches or is slightly ahead of their skills, knowledge and experience (Please see [Mihaly Csikszentmihalyi's](#) TED talk here).



## What is the Team Impetus Model?

The Team Impetus Model (please see the ski jump diagram below) is based on the Solution Focus (SF) approach to change, one that focuses on what a team wants to achieve and enables people to progress towards it.

John Brooker developed the Model based on his experience of facilitating teams globally with SF and through collaboration with fellow SF practitioners.

*John, here is a testimonial from a client with whom I used your Team Impetus Model. They say it:*

- “Gives insights in where we want to go and what is critical for that
- Gives a relevant list of actions that need to be undertaken
- Creates good connections between the persons of the team and creates mutual respect
- Gives A LOT OF ENERGY”

*Chris Aertsen – Consultant, Belgium*



## Who Should Attend?

This workshop is for middle to senior level leaders in organisations who wish to energise their team or wider organisation and for consultants who work with teams.

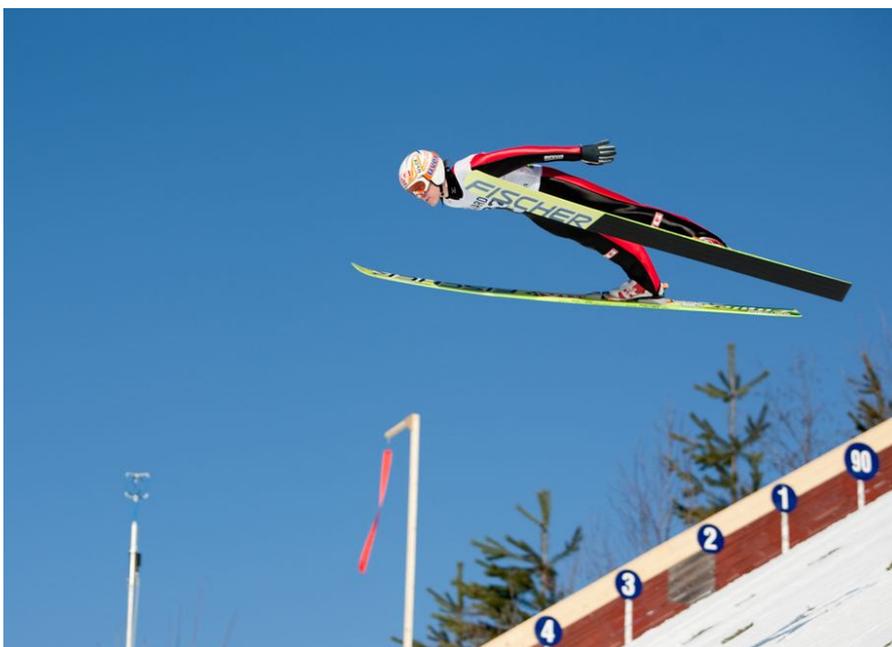
### Workshop Language

The workshop is in English. Second language English speakers have found it easy to understand the material and there are clear instructions for all exercises.

## Attendee Benefits

You will have:

- An opportunity to mix with others who can enrich your ideas and challenge your thinking
- A personal Progress Canvas to energise your team(s)
- A Model and set of tools to use with your teams in many situations
- A presentation on the Model you can use with colleagues, that explains in detail how to use the tools
- An Excel template for the Progress Canvas to help you capture your work with your team
- Facilitation tools and tips to energise, increase engagement and build collaboration within your team
- The enthusiasm and motivation to use the Model to create energy in your team
- An enriched network of leaders with similar views
- A remote learning event, post workshop, to consolidate.



### To register, please contact:

John Brooker

Mobile: +44 7866 431046

[hi@yesand.eu](mailto:hi@yesand.eu)

[www.yesand.eu](http://www.yesand.eu)

### Group size:

16 maximum.

### Investment:

€600 + VAT.

Lunch included, but does not include accommodation.

### Date and Location:

20 / 21 June 2018. Leuven, Belgium.

Ifaro, Prosperdreef 1, 3001 Leuven, Belgium

# Your Workshop Leader

## John Brooker

I am a professional meeting facilitator / team coach and have been working with teams since 2001 on a truly international basis, across Western and Eastern Europe, Middle East, Africa and Asia.

In this role, I facilitate teams to collaborate to:

- Transform their ways of working using the solution focus approach – I have used SF since 2004
- Innovate in different areas of the business using my own Inn8 Approach.

I am the author of *Innovate to Learn, Don't Learn to Innovate* (available on Amazon) which details the Inn8 Approach. The Unipart Group has licenced the Inn8 Approach for internal use since 2014.

My career commenced with service in the RAF. I joined Visa International in 1985 as an ATM technician and became a Senior Vice President in 1996. My focus at Visa was on innovation and transformation including the establishment and operation of Visa's international ATM network in Europe, Middle East and Africa.

I have an MBA (Open University, UK) and was a highly regarded tutor on the Open University MBA Programme, "Creativity, Innovation and Change" for 14 years. I was Highly Commended in the Open University MBA Alumni Awards, for my professional use of creativity to help organisations innovate.

I am President of Solution Focus in Organisations, an international network dedicated to fostering SF in organisations globally.



## Venue

We hold the event at the Ilfaro training centre, a beautiful location where you can relax, eat healthy food and enjoy the wonderful surroundings while learning, creating and making new friends.

The training centre is at Heverlee, just outside Leuven, which is a forty minute train ride from Brussels.

